

Press Release February 21, 2023

New Online ANIVADO Course:

## **Nutrition and Management to Reduce the Risk of Accidental Doping**

What you should know about accidental doping

It is estimated that a considerable percentage of positive equine dope tests are due to accidents, not because the rider or trainer has given the horse something to improve performance. A positive dope test, even those that are accidental, causes loss of qualifying results, can affect future participation in events, and defence costs are significant. Other parties, such as vets, grooms or show organizers can also be involved.



The online course *“Nutrition and Management to Reduce the Risk of Accidental Doping”* gives riders, trainers, show organizers and vets valuable information related to unintentional doping in horses. The aim of this course is to provide participants with information related to the risks associated with the use of some feedstuffs as well as with management information for horses

that can be dope tested. This course also provides tips & tools on how the horse professional can reduce the risk of accidental doping. In addition, this framework discusses FEI regulations, typical anti-doping procedures, types of plants that dope test positive, as well as the principles of risk management. This course (in English) is a collaboration between Carina Steendam (Lowlands Equine Nutrition), ANIVADO and Coby Bolger (Horse1). Carina provides an in-depth theoretical framework while Coby shares various perspectives, practical tips, and experiences from 25 years of experience with feed mills and doping risk reduction processes, training in horse nutrition, and as an international competition rider.

This and other ANIVADO courses can be accessed by individuals and can also connect with other learning management systems. We are happy to discuss B2B solutions with educational organizations who would like to offer this course or other ANIVADO courses.

Please, click [here](#) for more information about the course.

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**Note for the editorial board:** Contact and Information:

ANIVADO: Dr. Ing. D.A. van Doorn MSc.; E-Mail: [info@anivado.com](mailto:info@anivado.com); [www.anivado.com](http://www.anivado.com)