

Press Release October 18, 2019

ANIVADO launches the English course Basic Sport Physiology of the Horse by dr. Carolien Munsters (Moxie Sport). This ANIVADO level 1-2 course is created for equine professionals, horse owners, trainers and riders.

The basic course provides the student an introduction into the world of exercise physiology. It addresses the basic principles of exercise physiology, differences between humans and horses, trainings principles and the use of heart rate monitors during training sessions and training programs. The content of this course may also function as a preparation for “live courses” organized by Moxie Sport.



With her company Moxie Sport, Carolien works as an advisor for many international riders regarding the fitness of their horses. She has guided Dutch Olympic eventing team towards the Olympics in London and Rio, and is now preparing several riders with their horses towards Tokyo. She is also connected to the Faculty of Veterinary Medicine (Utrecht University) as a researcher. Carolien is also an embedded scientist in the equestrian sport for the Dutch Olympic committee. She holds a PhD degree in equine exercise physiology. Carolien helps horse & rider and their coaches to improve their performance by translating scientific knowledge into practice.

The ANIVADO platform can connect with other learning managements systems. Therefore, we are happy to discuss B2B solutions with educational organizations who would like to offer this course (or other ANIVADO courses).

Please, click [here](#) for more information about the course.

Note for the editorial board: Contact and Information: ANIVADO: Dr. Ing. D.A. van Doorn MSc.; E-Mail: info@anivado.com

More information?
About ANIVADO:
www.anivado.com

About MOXIE SPORT &
Dr. Carolien Munsters:
www.moxiesport.nl