

COURSE OVERVIEW

Title	Nutrition and Management to Reduce the Risk of Accidental Doping
ANIVADO Course Code	APS01-EN
ANIVADO Level	Level 2/3
Aim/Summary	<p>*for ANIVADO level descriptors click here</p> <p>The aim of this course is to create awareness among riders, trainers, nutritionists, event organisers and veterinarians of possible ways management and nutrition can accidentally lead to positive doping tests. You will learn about FEI rules regarding accidental doping, the most important sources of equine accidental doping through feed, supplements, topical products, water and bedding and what riders, trainers, and other responsible persons can do to prevent accidental doping.</p>

MODULE OVERVIEW

1. Introduction

In the introduction we will explain the background of this course with examples of historic equine accidental doping cases. We will look into the definition of prohibited substances, natural prohibited substances and accidental prohibited substances.

2. Regulations

In this module we will look into equine anti-doping regulations, such as who is responsible and which substances are prohibited. We will explain the terminology that is used within the FEI regulations, e.g., what is the difference between controlled medication and banned substances and what are specified substances. The focus will be on current FEI regulation with references to relevant FEI websites so students will be able to update their knowledge in the future. Besides FEI regulations, we will briefly touch upon regulations of other equine organisation to emphasize that there are differences between organisations.

3. Sources of Accidental Prohibited Substances (APS)

Module 3 will give you in depth knowledge on various sources of accidental prohibited substances. APS can be found in the horse's diet, but also in water and bedding. Many accidental prohibited substances are of plant origin, here, you will learn what the most well-known substances are, and which plants contain them. Where applicable, you will learn which feed sources are commonly affected. You will also see examples of other sources of APS such as from fungi, incorrect dosing of vitamins or minerals, or from contamination with medication.

4. Priority and relevance of amounts

In this module you will learn which APS sources are most common and should have priority when screening for risks. You will also learn about the difficulty in assessing which amounts of APS may be relevant.

5. Risk Management

What can riders, trainers, event organisers, and other responsible persons do to prevent cases of unintentional doping through feed, supplements, topical products, water, or bedding? To answer this question risk management is key. Although it is not possible to avoid all unintended doping cases, it is possible to decrease the numbers by implementing a systematic approach in the whole feed chain from primary production to the horse at the competition. The principles of risk management are the same for all parties in the production chain, but details may differ. In this module you will learn about risk principles, risk management schemes and what steps the horse professional can take.

COURSE DETAILS	
Course Leader	Carina Steendam, MSc
Course Tutors	Carina Steendam, Coby Bolger
Pre-requisite Knowledge	This course does not have any pre-requisite courses or knowledge.
Post-course Expected Outcomes	<p>After you have finished this course, you will have an increased awareness of possible risks associated with accidental prohibited substances in feed, supplements, topical products, water, and bedding.</p> <p>You will:</p> <ul style="list-style-type: none"> • Be familiar with the FEI regulations and FEI terminology. • Be familiar with how a typical doping procedure takes place. • Understand how to evaluate if a product is appropriate for use with a horse subject to dope testing. • Have a good understanding of how to manage your stables to reduce risk of accidental positive doping. • Know how contamination can take place both in feed production facilities and in your stables. • Know how to keep yourself up to date with any changes in these regulations. • Know a considerable number of plants that contain APS, and you will be able to recognize them. • Know which substances have a high priority in APS risk management. • Know how to perform your APS risk management in a systematic way.
Format	5 Modules; Exercises per Module; End of Course Quiz (M5). *for IT requirements click here
Language & Subtitles	Full English course. English subtitles are available.
Specified Limited Access Time	<p>Limited Access Time for the Course is calculated as a maximum 30 Day Access per Module = 150 days after Payment. There is no individual limit on Module time as long as all are completed within the overall Course Time Limit.</p> <p>Each module becomes available as you complete the previous Module and remains live until the specified limited Access time has been used up.</p> <p>*for specifications of terms click here</p>
Learning Resources	Online lectures; Supportive Material; End of Course Quiz (M5); Exercises. *for generic course work-flow click here
Study Time	Start any time after Payment. Estimated time: 2-4 months. We recommend a minimum study time of 2 weeks per Module at a rate of 8 hours per week.
Interaction	Self-Study; Feedback Questionnaire; Exercises, Quiz and Results generated online; For problem solving please contact us.
Qualifications:	ANIVADO Course Completion Certificate upon successful completion of all exercises and the Module 5 Quiz Module; CPD Certificate as per arrangement with relevant Employers/Institutions.
Accreditation*	-
	<p>If you feel your institution should accept this course for CPD please do not hesitate to contact us to discuss this further</p> <p>*see our institutions terms and conditions here</p>
Optional Assessment	<p>Not currently available: Contact us if you wish to discuss tailor-made assessments for your students</p> <p>Available under Add-Ons: Not at this moment</p>
Course Cost	€ 121,00 (incl. VAT)

PURCHASE